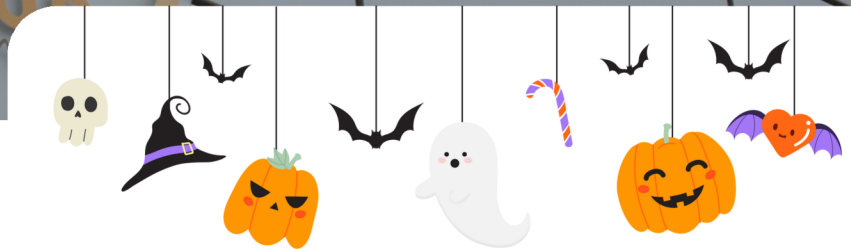




OCTOBER 2024

ELMWOOD EXCLUSIVE

Team Newsletter



A MESSAGE FROM THE PRESIDENT:

I am excited to share some remarkable news and successes within our Elmwood family. As we continue to grow and adapt, it is essential to recognize the accomplishments that contribute to our collective mission of providing excellent care to our communities.

First and foremost, I would like to extend my heartfelt congratulations to our Massachusetts team, with a special shout-out to Michael and Ivy. Their determination and hard work have finally paid off as we have successfully obtained Health Care Facility Licensure for our IntegratIV Medicine clinic in Taunton, MA. This achievement marks a significant milestone for our organization. The journey was not easy; it was fraught with challenges and obstacles that tested our resolve. However, the lessons learned throughout this process will undoubtedly strengthen our operations and improve our services in the long run. Everyone's unwavering commitment to excellence makes this accomplishment even more meaningful.

In addition to this significant achievement, I am pleased to announce that Domenic and Michael, alongside the creative team at Channel 12, have developed captivating TV advertisements that will begin airing on October 1st. We are optimistic that these ads will generate considerable attention for Elmwood Adults and help us attract new faces to our daycare centers. Expanding our reach and showcasing the exceptional care we provide is paramount, and these ads are a step in the right direction.

Moreover, some of you may have noticed the commencement of construction at our adult day facility located at 20 Miner Street. This project is vital as it aims to enhance our building, ensuring we are prepared to face the winter weather. The construction is expected to take approximately two months, but I assure you the benefits will surpass the temporary inconveniences. We are committed to maintaining a safe and welcoming environment for both our staff and the individuals we serve.

I would also like to take a moment to welcome all new hires to the Elmwood family. Your presence enriches our organization, and I am confident that you will find a rewarding and successful career with us. We value the unique skills and perspectives each of you bring, and we look forward to the contributions you will make to our collective goals.

In closing, I want to express my gratitude to each and every one of you. Your hard work, dedication, and passion for our mission are what make Elmwood Healthcare an exceptional organization. Together, we are building a brighter future for our clients and communities. Thank you for your unwavering commitment and for being an integral part of the Elmwood family.

Warm regards,



Igor Yatskar



WALK TO END ALZHEIMER'S:

COMPASSION AND CARE THAT EXTENDS BEYOND THE OFFICE

To everyone personally impacted by the effects Alzheimer's, know that you are not alone. There may be days that are challenging, but your love and connection remain powerful. Cherish the small moments, and don't forget to take care of yourself. Lean on your community for support—you are doing incredible work.

Alzheimer's Association Hotline: For any information, advice and support, the Alzheimer's Association offers a toll-free, fully confidential line at **(800) 272-3900**. Do not hesitate to reach out as they are there to help you.

Alzheimer's Walk: On Sunday, September 29, our dedicated Elmwood Healthcare staff proudly participated in the Walk to End Alzheimer's at the Roger Williams Park in Providence, Rhode Island. This event was not just a walk; it was a powerful expression of our commitment to making a difference beyond the walls of our agencies. At Elmwood Healthcare, we believe in the importance of extending our impact into the community. Part of our mission is to actively support efforts to combat chronic diseases and illnesses, including Alzheimer's, which affects so many families. Through our internal donation pool, we are honored to contribute to the Alzheimer's Association's vital mission, helping to fund research and support for those affected by this disease. Walking side by side with members of our community, we felt a deep sense of solidarity and purpose. We are immensely grateful to everyone who joined us for this inspiring day, showing that together, we can create a brighter future for those impacted by Alzheimer's. Your presence and support make a meaningful difference, and we look forward to continuing this journey together!

MAKE A DIFFERENCE!

To make a donation or to learn more about the impacts of Alzheimer's, visit www.alz.org or scan the QR code below.





HAPPY BIRTHDAY!



Yvette Bonilla, PTA
October 04



Marisol Suazo, CNA
October 11



Lauren Christie Jeffries, RN
October 19



Nilva Ventura, CNA
October 06



Naisha Cepeda, CNA
October 11



Diana Silverio
October 20



Leidy Romero, CNA
October 06



Dino Iocobo, OT/R
October 12



Narcisio Del Rosario
October 21



Ingrid Martinez de Feliz, CNA
October 07



Wendy Glennon, COTA
October 13



Maria Salazar, CNA
October 23



Lori Freeborn, OT/R
October 10



Joann Medeiros
October 14



Ana Nunez, CNA
October 23



Vannak Ou, PTA
October 10



Altagracia Trinidad
October 15



Tanya Peters, RN
October 26



Maureen Linval, CNA
October 10



Mayori Stephen, CNA
October 15



Belkys Paulino Rivas, CNA
October 27



Gavin Audette, PTA
October 18



Augustina Polanco, CNA
October 28



Lituania Mendez
October 30



Crislory Morel Astacio, LPN
October 31





elmwood
home care



WHAT'S HAPPENING:

Warm Welcome to Massachusetts: As we grow our team, we're excited to welcome Jennifer Oliveira as our new Patient Care Coordinator! We can't wait to grow and thrive together!

New Faces in Rhode Island: We are thrilled to welcome new talent to our amazing team! Please join us in welcoming Lituania Mendez as Insurance Coordinator, Haley Cole as Intake Coordinator, Sandra Pena as Non-Skilled Patient Coordinator, and Sara Gordon, RN, to our Rhode Island team. We're excited to see how these fresh faces will contribute to our collective growth and development!

Rhode Island Food Drive: Keep your eyes peeled for the upcoming annual food drive in November! More information coming soon.

STAFF SPOTLIGHT: MARIEL MORALES, PCC

Marriel is a lively 34-year-old from Malden, Massachusetts, proudly embracing her Dominican roots. Family is everything to her, and with four brothers and one sister, they've always been each other's biggest supporters. As a devoted mom to three amazing kids, they inspire her to grow every day. Marriel aims to be a role model, teaching them the values of hard work and perseverance. After graduating as a medical assistant in 2012, she found her passion in home care in 2017. Now, as an intake coordinator for Elmwood Home Care in Providence, RI, she loves making a positive impact on people's lives. An outgoing person, Marriel enjoys traveling, exploring new restaurants, and spending time with her family and friends. With a love for nature and concerts, she's always up for an adventure. Excited for the future, Marriel looks forward to all the wonderful moments ahead!

MARIEL'S FAVORITES:

- **Movie:** The Notebook
- **TV Show:** Grey's Anatomy
- **Snack:** Nerds Gummy Clusters
- **Musician:** Karol G
- **Vacation:** Los Cabos, San Lucas & Disney World

FUN FACTS ABOUT MARIEL :

1. Marriel adores spending time at the beach, soaking up the sun and enjoying the perfect tan while relaxing by the water.
2. Marriel is a foodie at heart and love trying out different restaurants, always on the lookout for new flavors and experiences.
3. Marriel has a passion for travel and enjoy discovering new places.



"Believe you can and you're
halfway there"

-Theodore Roosevelt



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120 Dudley Street Ste. 201 Providence, RI 02905





elmwood
adult day care



Fall Fitness Initiative: As October unfolds, Elmwood Adult Day Health Care is filled with excitement and optimism about our vibrant community and the initiatives that will bring us closer together. Leading the charge are two inspiring figures: Luisa Rodriguez, our dedicated facilitating manager of home care and physical therapy, and Jose Mendez, who was a professional soccer player in Bolivia and a passionate PTA in our activities program. Their commitment to physical fitness is not just a job for them; it's a shared passion that fuels our collective journey toward wellness.

Over the next 50 days, we're thrilled to launch an innovative exercise program where Luisa and Jose will work together to guide participants in enhancing their physical health. Each morning, Jose will lead an energizing class that focuses on various muscle groups, using charts to illustrate how specific exercises benefit their bodies. This creates an environment that is not only physically beneficial, but mentally as well.

WHAT'S HAPPENING:

In tandem, Luisa will bring her unique approach to the program, targeting different areas of the body and ensuring a well-rounded fitness experience. Together, they create a dynamic and supportive environment, where learning and growth thrive.

This program isn't just for participants; it's for everyone—the staff and participants alike—coming together in a spirit of camaraderie and unity. Each day, Monday through Friday, from 3 to 4 PM, Jose and Luisa invite all staff to join in these voluntary exercise classes, allowing staff to work on their physical fitness as well. Elmwood Adult Day Health Care's unique setting allows us to work side by side, strengthening not only our bodies but also our relationships. The participants are at the heart of everything our staff does, driving the mission to make their lives healthier and happier. We know that this starts with the staff—when they feel supported, they can uplift our participants even more.

As we approach the holiday season, preparation is key. This time can be challenging, and the staff show true compassion and understanding for those who need it most. Together, our focus is on spending quality time and strengthening our community bonds, creating a brighter future for everyone involved!



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(401) 421-6300



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209 Elmwood Ave, Providence, RI 02905





WHAT'S HAPPENING:

Clinic Licensure: IntegratIV Medicine is thrilled to announce that we have successfully completed our licensure survey with the Massachusetts Department of Health on Wednesday, September 4, 2024! This significant milestone opens the door for us to expand our services in primary care, specialty care, and outpatient chronic and acute infusion therapy.

With this licensure, we are now positioned to operate as a fully comprehensive medical clinic, enabling us to enhance our offerings and better serve our community. This development aligns perfectly with our commitment to the Elmwood Healthcare mission of providing accessible, high-quality healthcare services tailored to the needs of our community.

As we move forward, we are eager to deepen our impact and broaden our reach, ensuring that our patients receive the comprehensive care they deserve. Thank you for being part of our journey!

RESULTS RADAR

Our first-time patient opted for a dermal resurfacing package to address textural issues, scarring, and pigmentation concerns. As her treatments progress, she's already noticing significant improvements in her skin, and she's thrilled with the results! Committed to continuing her journey, she has booked additional sessions to further enhance her skin. If you're dealing with similar concerns, we encourage you to visit us and see how our skilled aesthetic providers and the power of Opus Plasma can help you achieve a rejuvenated look!



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